

Day	Topics of History Optional Paper 1
Week 1	
Day 1	Why is History Important for Civil Services Examination?
Day 2	History Optional Syllabus Discussion
Day 3	General Views on Political History in Global Perspectives
Day 4	General Views on Socio-Economic History of India
Day 5	General Discussions on Indian and World History
Week 2	
Day 1	Sources of Indian History
Day 2	Sources of Indian History
Day 3	Pre-History & Proto History
Day 4	Pre-History & Proto History
Day 5	Pre-History & Proto History
Week 3	
Day 1	Indus Valley Civilization
Day 2	Indus Valley Civilization
Day 3	Indus Valley Civilization
Day 4	Megalithic Culture
Day 5	Megalithic Culture
Week 4	
Day 1	Aryans and the Vedic Period
Day 2	Aryans and the Vedic Period
Day 3	Aryans and the Vedic Period
Day 4	Periods of Mahajanpads
Day 5	Periods of Mahajanpads
Week 5	
Day 1	Mauryan Empire
Day 2	Mauryan Empire
Day 3	Mauryan Empire
Day 4	Mauryan Empire
Day 5	Post-Mauryan Period
Week 6	
Day 1	Post-Mauryan Period
Day 2	Post-Mauryan Period
Day 3	Early State and Society in Eastern India
Day 4	Early State and Society in Deccan and South India
Day 5	Early State and Society in Deccan and South India
Week 7	
Day 1	Guptas
Day 2	Guptas
Day 3	Guptas
Day 4	Vakatakas
Day 5	Vardhanas

Day	Topics of History Optional Paper 1
Week 8	
Day 1	Regional States during Gupta Era
Day 2	Regional States during Gupta Era
Day 3	Regional States during Gupta Era
Day 4	Regional States during Gupta Era
Day 5	Regional States during Gupta Era
Week 9	
Day 1	Themes in Early Indian Cultural History
Day 2	Themes in Early Indian Cultural History
Day 3	Themes in Early Indian Cultural History
Day 4	Early Medieval India, 750-1200
Day 5	Early Medieval India, 750-1200
Week 10	
Day 1	Early Medieval India, 750-1200
Day 2	Early Medieval India, 750-1200
Day 3	Cultural Traditions in India, 750-1200
Day 4	Cultural Traditions in India, 750-1200
Day 5	Cultural Traditions in India, 750-1200
Week 11	
Day 1	The Thirteenth Century
Day 2	The Thirteenth Century
Day 3	The Thirteenth Century
Day 4	The Fourteenth Century
Day 5	The Fourteenth Century
Week 12	
Day 1	Society, Culture and Economy in the Thirteenth and Fourteenth Centuries
Day 2	Society, Culture and Economy in the Thirteenth and Fourteenth Centuries
Day 3	Society, Culture and Economy in the Thirteenth and Fourteenth Centuries
Day 4	Society, Culture and Economy in the Thirteenth and Fourteenth Centuries
Day 5	Society, Culture and Economy in the Thirteenth and Fourteenth Centuries
Week 13	
Day 1	The Fifteenth and Early Sixteenth Century-Political Developments and Economy
Day 2	Rise of Provincial Dynasties : Bengal, Kashmir (Zainul Abedin), Gujarat, Malwa, Bahmanids
Day 3	The Vijayanagara Empire
Day 4	Lodis & Beginning of Mughal Empire
Day 5	Mughal Empire: first phase: Babur, Humayun
Week 14	
Day 1	The Sur Empire : Sher Shah's administration
Day 2	Portuguese colonial enterprise, Bhakti and Sufi Movements
Day 3	The Fifteenth and Early Sixteenth Century-Society and culture
Day 4	The Fifteenth and Early Sixteenth Century-Society and culture

Day	Topics of History Optional Paper 1
Day 5	The Fifteenth and Early Sixteenth Century-Society and culture
Week 16	
Day 1	Akbar: Conquests and consolidation of empire
Day 2	Establishment of jagir and mansab systems
Day 3	Rajput policy
Day 4	Evolution of religious and social outlook, Theory of Sulh-i-kul and religious policy
Day 5	Court patronage of art and technology
Week 17	
Day 1	Mughal Empire in the Seventeenth Century
Day 2	Major administrative policies of Jahangir, Shahjahan and Aurangzeb, The Empire and Zaminda
Day 3	Religious policies of Jahangir, Shahjahan and Aurangzeb
Day 4	Nature of the Mughal State; Late Seventeenth Century crisis and the revolts
Day 5	The Ahom kingdom
Week 18	
Day 1	Shivaji and the early Maratha Kingdom
Day 2	Economy and society, in the 16th and 17th Centuries
Day 3	Economy and society, in the 16th and 17th Centuries
Day 4	Culture during Mughal Empire
Day 5	Culture during Mughal Empire
Week 20	
Day 1	The Eighteenth Century
Day 2	The Eighteenth Century
Day 3	The Eighteenth Century
Day 4	The Eighteenth Century
Day 5	The Eighteenth Century

Day	Topics of History Optional Paper 2
Week 1	
Day 1	European Penetration into India; The Early European Settlements
Day 2	The struggle for supremacy
Day 3	The conflict between the English and the Nawabs of Bengal
Day 4	British Expansion in India
Day 5	British Expansion in India
Week 2	
Day 1	Early Structure of the British Raj
Day 2	Early Structure of the British Raj
Day 3	Economic Impact of British Colonial Rule
Day 4	Economic Impact of British Colonial Rule
Day 5	Economic Impact of British Colonial Rule
Week 3	
Day 1	Social and Cultural Developments
Day 2	Social and Cultural Developments
Day 3	Social and Religious Reform Movements in Bengal and Other Areas
Day 4	Social and Religious Reform Movements in Bengal and Other Areas
Day 5	Social and Religious Reform Movements in Bengal and Other Areas
Week 4	
Day 1	Indian Response to British Rule
Day 2	Revolts Before 1857
Day 3	Revolt of 1857
Day 4	Nature of the Revolt of 1857
Day 5	Peasant Movements
Week 5	
Day 1	Factors leading to the birth of Indian Nationalism; Politics of Association
Day 2	Foundation of the Indian National Congress
Day 3	Early Congress; Moderates and Extremists
Day 4	Swadeshi Movement
Day 5	Swadeshi Movement
Week 6	
Day 1	Rise of Gandhi; Biography
Day 2	Coming Back to India and His Early Interventions
Day 3	Rowlatt Satyagraha; the Khilafat Movement
Day 4	Non-cooperation Movement
Day 5	Major Events between 1922-1930
Week 7	
Day 1	Civil Disobedience Movement
Day 2	Peasants, Workers and Women Movements along with Nationalism
Day 3	the election of 1937 and the formation of ministries
Day 4	Cripps Mission; the Quit India Movement;
Day 5	The Wavell Plan, Cabinet Mission
Week 8	

Day	Topics of History Optional Paper 2
Day 1	Constitutional Developments in the Colonial India between 1858 and 1935
Day 2	Other strands in the National Movement
Day 3	Other strands in the National Movement
Day 4	Politics of Separatism
Day 5	Politics of Separatism
Week 9	
Day 1	Consolidation as a Nation; Nehru's Foreign Policy
Day 2	The linguistic reorganisation of States; Regionalism and regional inequality
Day 3	Integration of Princely States
Day 4	the Question of National Language
Day 5	Caste and Ethnicity after 1947
Week 10	
Day 1	Economic development and political change
Day 2	Economic development and political change
Day 3	Economic development and political change
Day 4	Revisions of Indian History
Day 5	Doubt Sessions on Indian History
Week 11	
Day 1	Discussions on Early World History
Day 2	Enlightenment and Modern ideas
Day 3	Major Ideas of Enlightenment : Kant, Rousseau
Day 4	Spread of Enlightenment in the colonies
Day 5	Rise of socialist ideas (up to Marx); spread of Marxian Socialism
Week 12	
Day 1	Origins of Modern Politics; European States System
Day 2	American Revolution and the Constitution
Day 3	French Revolution and Aftermath, 1789-1815
Day 4	American Civil War with reference to Abraham Lincoln and the abolition of slavery
Day 5	British Democratic politics, 1815-1850 : Parliamentary Reformers, Free Traders, Chartists
Week 13	
Day 1	Industrialization; English Industrial Revolution : Causes and Impact on Society
Day 2	Industrialization in other countries : USA, Germany, Russia, Japan
Day 3	Industrialization and Globalization
Day 4	Nation-State System; Rise of Nationalism in 19th century
Day 5	Nationalism : State-building in Germany and Italy
Week 14	
Day 1	Disintegration of Empires in the face of the emergence of nationalities across the World
Day 2	Imperialism and Colonialism; South and South-East Asia
Day 3	Latin America, South Africa, and Australia; Imperialism and free trade: Rise of neo-imperialism
Day 4	Revolution and Counter-Revolution; 19th Century European revolutions
Day 5	The Russian Revolution of 1917-1921

Topics of History Optional Paper 2	
Week 16	
Day 1	Fascist Counter-Revolution, Italy and Germany
Day 2	The Chinese Revolution of 1949
Day 3	World Wars; 1st and 2nd World Wars as Total Wars : Societal implications
Day 4	World War I : Causes and Consequences
Day 5	World War II : Causes and Consequences
Week 17	
Day 1	The World after World War II; Emergence of Two power blocs
Day 2	Emergence of Third World and non-alignment
Day 3	UNO and the global disputes
Day 4	Liberation from Colonial Rule
Day 5	Liberation from Colonial Rule
Week 18	
Day 1	Decolonization and Underdevelopment
Day 2	Unification of Europe
Day 3	Unification of Europe
Day 4	Disintegration of Soviet Union and the Rise of the Unipolar World
Day 5	Disintegration of Soviet Union and the Rise of the Unipolar World